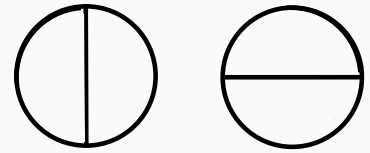


Before You Draw a Map, Give Easy Answers



Date ____/____/____



Today, I feel baby's small parts Y ☐ N ☐.

I feel baby's small parts on my left ☐, right ☐, or both sides ☐.

I feel them above ☐, below ☐, or both above and below my "navel line" ☐.

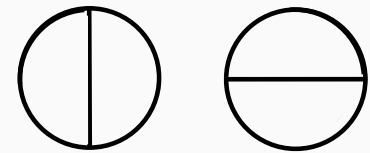
Today, the biggest kicks are higher than the smaller flutters Y ☐ N ☐.

I feel sure I felt the baby's back on the _____ side or front.
___Left, ___Right, ___Front, ___Not sure or not found on this date ☐.

I found the bulge at the side marked or center:
Left ☐, Right ☐, Center, above the navel ☐.

I know my baby's head is up ☐, down ☐, to the side ☐.

Date ____/____/____



Today, I feel baby's small parts Y ☐ N ☐.

I feel baby's small parts on my left ☐, right ☐, or both sides ☐.

I feel them above ☐, below ☐, or both above and below my "navel line" ☐.

Today, the biggest kicks are higher than the smaller flutters Y ☐ N ☐.

I feel sure I felt the baby's back on the _____ side or front.
___Left, ___Right, ___Front, ___Not sure or not found on this date ☐.

I found the bulge at the side marked or center:
Left ☐, Right ☐, Center, above the navel ☐.

I know my baby's head is up ☐, down ☐, to the side ☐.



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